

# Florida Bike Month 2017

~ Come ride with us! ~

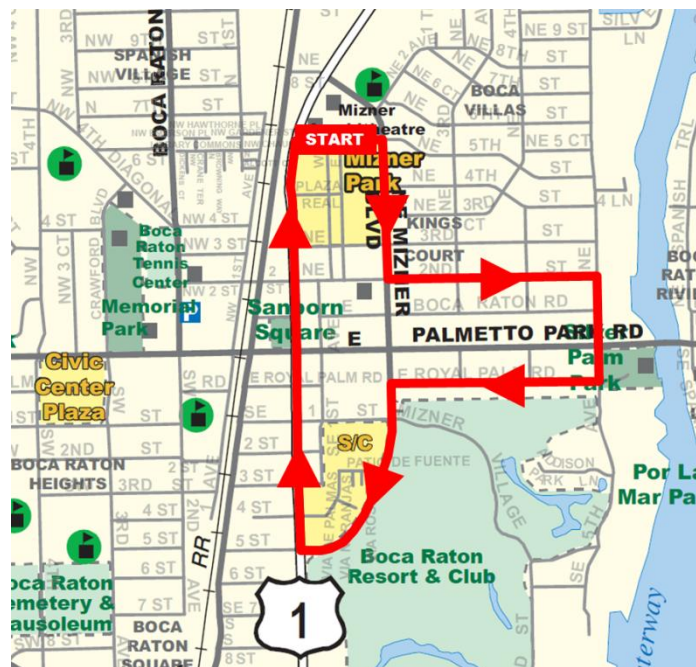
**Saturday, March 18<sup>th</sup> – 9:00 am**

**9:00 am** Meet at Mizner Park amphitheater near the bike trailer. Bring your bicycle and safety equipment to assure a proper fit.

**9:15 am** Rides starts sharp at 9:15 am towards Mizner Blvd. south to NE 2<sup>nd</sup> Street and through Downtown Boca Raton. Ride is approximately 2 miles. There will be a lead ride along with a police escort and emergency personnel.

**9:45 am +/-** Arrive back at the Mizner Park amphitheater

**10:00 am** Start of “Health & Wellness Experience Event with CBS 12 and the Sun Sentinel”



## Bicycle Ride Participant Guidelines/Rules

- Participants must be 18 years or older and sign a waiver of liability, if under 18 the parent or legal guardian must sign the waiver.
- Bring your own bicycle.
- Bicycle helmets are MANDATORY – No helmet, no ride.
- Comfortable clothing and sturdy shoes (no flip-flops) are recommended.
- Stay hydrated! Bring a water bottle.
- Stay with the group and follow the direction of the ride leader
- For more information contact Andrew Meyer, City's Transportation Analyst at 561-416-3375.