Florida Bike Month 2017
~ Come ride with us! ~
Saturday, March 18th – 9:00 am

9:00 am  Meet at Mizner Park amphitheater near the bike trailer. Bring your bicycle and safety equipment to assure a proper fit.

9:15 am  Rides starts sharp at 9:15 am towards Mizner Blvd. south to NE 2nd Street and through Downtown Boca Raton. Ride is approximately 2 miles. There will be a lead ride along with a police escort and emergency personnel.

9:45 am +/- Arrive back at the Mizner Park amphitheater

10:00 am  Start of “Health & Wellness Experience Event with CBS 12 and the Sun Sentinel”

### Bicycle Ride Participant Guidelines/Rules

- Participants must be 18 years or older and sign a waiver of liability, if under 18 the parent or legal guardian must sign the waiver.
- Bring your own bicycle.
- Bicycle helmets are MANDATORY – No helmet, no ride.
- Comfortable clothing and sturdy shoes (no flip-flops) are recommended.
- Stay hydrated! Bring a water bottle.
- Stay with the group and follow the direction of the ride leader
- For more information contact Andrew Meyer, City’s Transportation Analyst at 561-416-3375.