



# FAAST & ASSISTIVE TECHNOLOGY FOR DAILY LIVING

Ana Nevares, M.A.

Regional Coordinator

South Florida Regional Demonstration Center

# Florida Alliance for Assistive Services & Technology (FAAST)

- **Mission:**

Improve the quality of life for all Floridians with disabilities through advocacy and awareness activities that increase access to and acquisition of assistive services and technology

- **Funding:**

Non-profit organization administered through the Florida Department of Education, Division of Vocational Rehabilitation and is federally funded by the Rehabilitation Services Administration (RSA) under the Assistive Technology Act of 1998, amended in 2004 (P.L. 108-364)

# Florida Alliance for Assistive Services & Technology (FAAST)

- Services ( Adaptations due to Covid-19)
  - Device Demonstrations
  - AT Trainings
  - Device Lending Program
  - Information and Assistance

All FAAST services are free and available to any individual regardless of age or disability need.

# What is AT?

- Handmade tool or specialized device
- Range of AT
- Increase, maintain, improve functional capabilities
- Increases independence and participation

**Goal:** Helps an individual do something he/she would not be able to do without it and be more **independent in a given task.**

# Types of AT for Daily Living

Items to assist with tasks impacted by arthritis, or decreased strength and muscle endurance:

Chef Remi Jar Opener



One Touch Can Opener



Easy Safe Ring  
Pull Can Opener

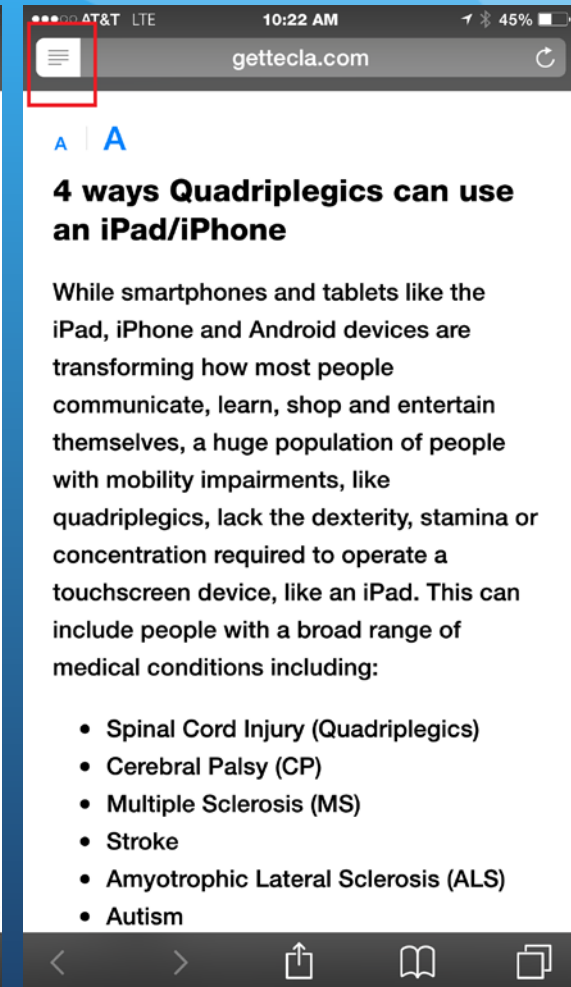
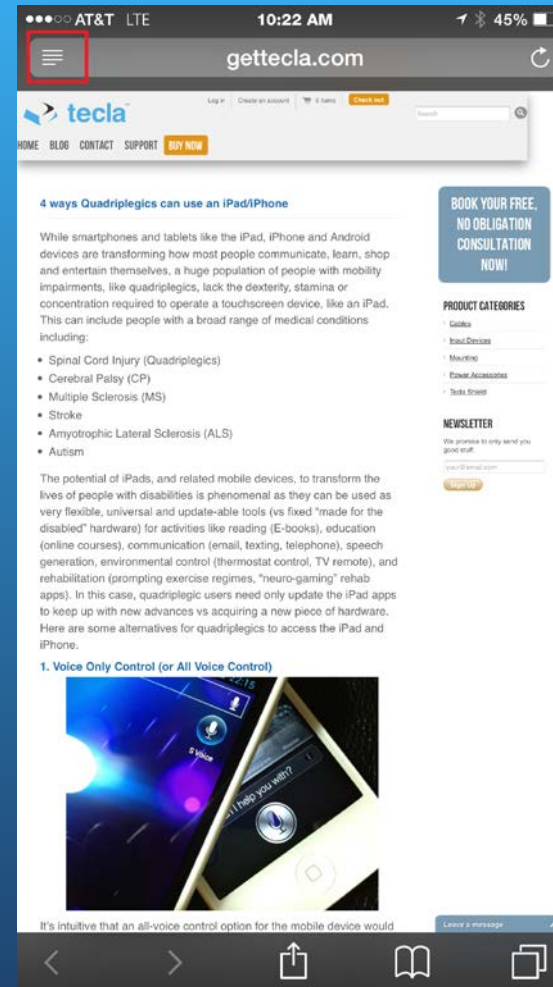


Swedish Cutting  
Board

# Types of AT for Daily Living

Tablets and e-Readers are portable and have accessibility options that can make reading easier.

Example: iPad Accessibility - Safari Reader: Reduces visual clutter on a webpage by removing distractions.



## 4 ways Quadriplegics can use an iPad/iPhone

While smartphones and tablets like the iPad, iPhone and Android devices are transforming how most people communicate, learn, shop and entertain themselves, a huge population of people with mobility impairments, like quadriplegics, lack the dexterity, stamina or concentration required to operate a touchscreen device, like an iPad. This can include people with a broad range of medical conditions including:

- Spinal Cord Injury (Quadriplegics)
- Cerebral Palsy (CP)
- Multiple Sclerosis (MS)
- Stroke
- Amyotrophic Lateral Sclerosis (ALS)
- Autism

# Types of AT for Daily Living

Video demonstration of some AT tools to assist with vision difficulties at our South Florida Lending Library:

[Mini Max](#)

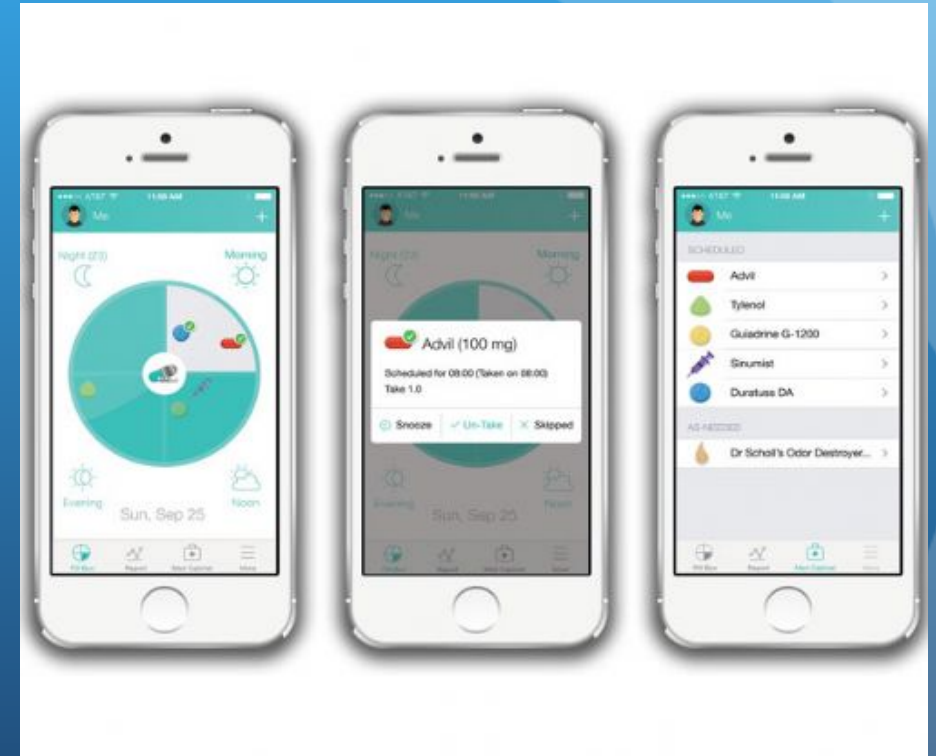
[Live Scribe Echo Smart Pen](#)

[Tap Tap See App](#)

# Types of AT for Daily Living

## Medisafe and CareZone.

These apps help manage medications, doctor visits and other health tasks. They are among a number of apps designed to help with those chores. With CareZone, for example, you can enter medical appointments and get reminders about them. You can also keep an editable list of medications that you can easily show your doctors.





# Types of AT for Daily Living

- Memory Picture Phone: This visual phone is helpful for those who may have difficulty remembering phone numbers, or who may find dialing multiple numbers too difficult. The phone holds up to 10 numbers and can be individualized with photos of each person associated with each person that gets programmed into the phone. The Memory Picture Phone also has an emergency button that can be disabled if needed. Cost: \$49.95



# Types of AT for Daily Living

TV Ears helps people with hearing loss hear the television clearly without turning up the volume. With TV Ears technology, users can set their own headset volume and tone while others around them set the television volume to their preferred level.

My TV Sound

Enjoy TV at the volume you prefer

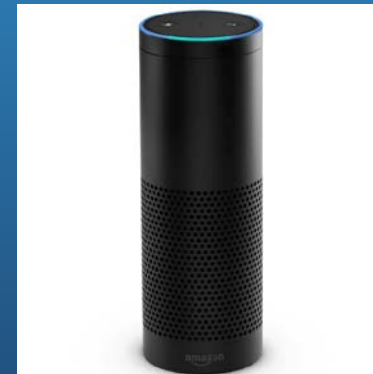


# Types of AT for Daily Living

- Home Automation
- Automation can be used to help an individual stay safe and secure by controlling a number of elements of their homes:
  - Thermostats for heating and air conditioning
  - Security cameras and locks
  - Lighting
  - Home appliances



Mr. Beams Stick Anywhere  
Amber Nightlight



Amazon Echo

# Interested in borrowing AT for FREE?

Contact the South Florida Regional  
Demonstration Center for FFAST at:

305-243-5706

[anevares@med.miami.edu](mailto:anevares@med.miami.edu)

[FAAST Website:](#)

[www.faast.org](http://www.faast.org)



QUESTIONS?



# Contact Information

Ana Nevares, M.A.

South Florida FFAST Coordinator

305-243-5706

[anevares@med.miami.edu](mailto:anevares@med.miami.edu)

