



# Age-Friendly Communities

Palm Beach TD LCB Meeting

May 29, 2019



# AARP Age-Friendly Communities

- AARP National Organization (American Association of Retired Persons)
- **Mission:** *To empower people to choose how they live as they age*
- *Age-Friendly Communities Designation* encourages “Aging in Place” and livable communities for all





# In an Age-Friendly Community, everyone can...

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Work or volunteer

Spend time outdoors

Socialize

Safely cross the street

Go shopping

Get around without a car

Ride a bike

Go for a walk

Buy healthy foods

Enjoy public places

Access the services they need

Live safely and comfortably



# Age-Friendly Communities

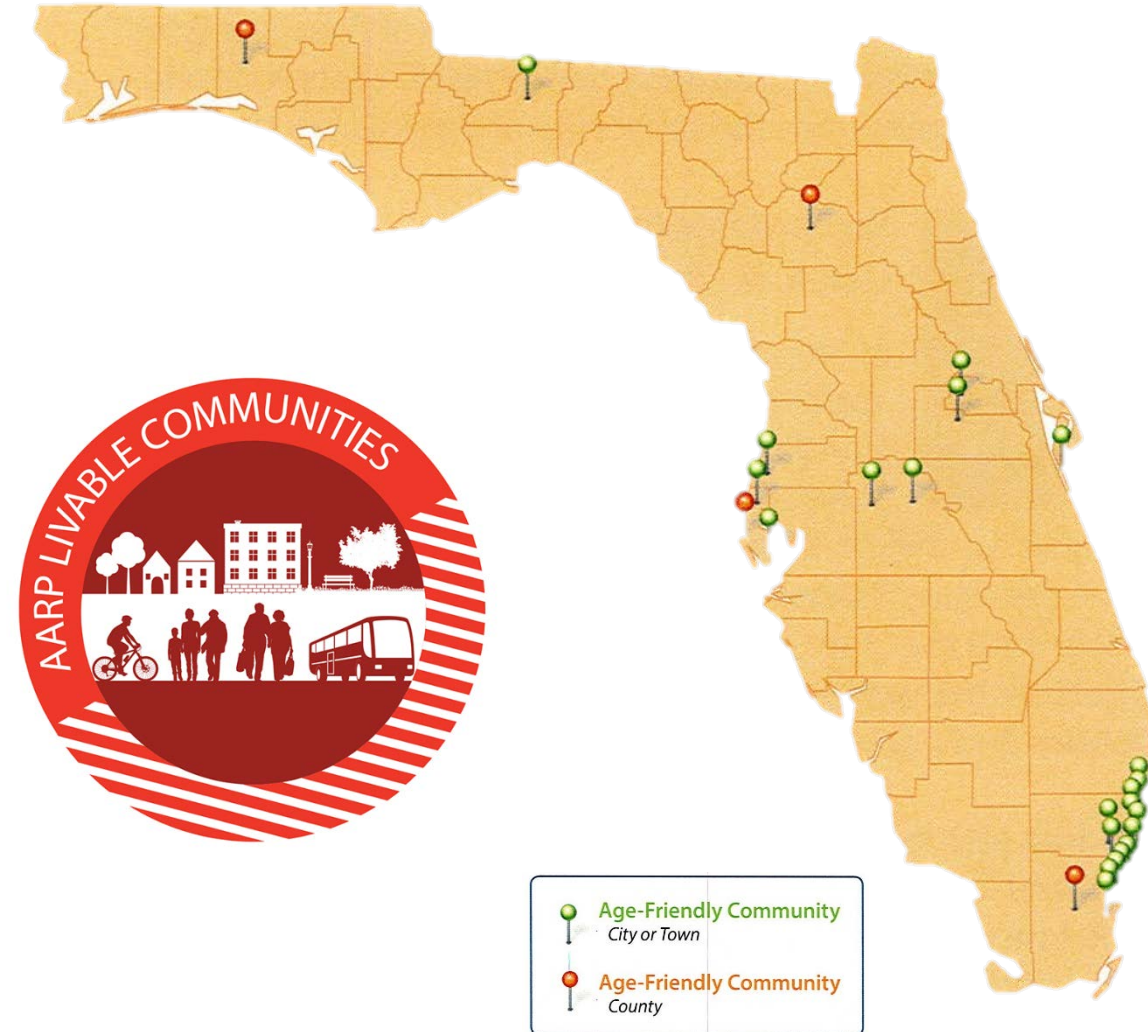
- Members: 4 States, 368 Communities
- Florida: State + 27 Communities
- Palm Beach County: 0
  - In need of AARP local Representative (volunteer/liaison)





# Florida Age-Friendly Communities

1. Alachua County
2. Coral Gables
3. Cutler Bay
4. Dunedin
5. Fort Lauderdale
6. Hallandale Beach
7. Hollywood
8. Lakeland
9. Longwood
10. Miami
11. Miami-Dade County
12. Miami Lakes
13. Miami Shores
14. New Port Richey
15. Orlando
16. Palmetto Bay
17. Pembroke Pines
18. Pinecrest
19. Pinellas County
20. Pompano Beach
21. Sarasota County
22. Satellite Beach
23. St. Petersburg
24. Tallahassee
25. Walton County
26. Wilton Manors
27. Winter Haven

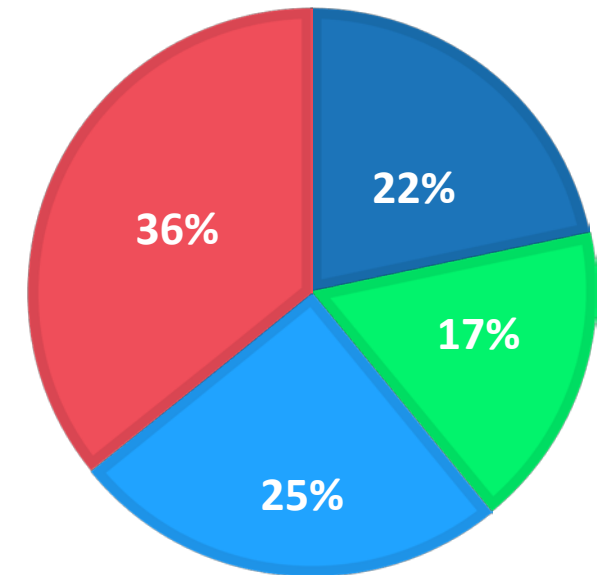




# Why become an Age-Friendly Community

- 1 in 3 Americans is 50+
- By 2030, 1 of every 5 people in the U.S. will be 65+
- Having an Age-Friendly Community...
  - Decreases the chances isolation, physical and mental health issues, etc.
  - Increases mobility and housing options, provides opportunities and lengthens lifespan
  - Grant Opportunities

PALM BEACH COUNTY  
AGE DISTRIBUTION



■ 0-19 ■ 20-34 ■ 35-54 ■ 55+



**AARP  
COMMUNITY  
CHALLENGE**

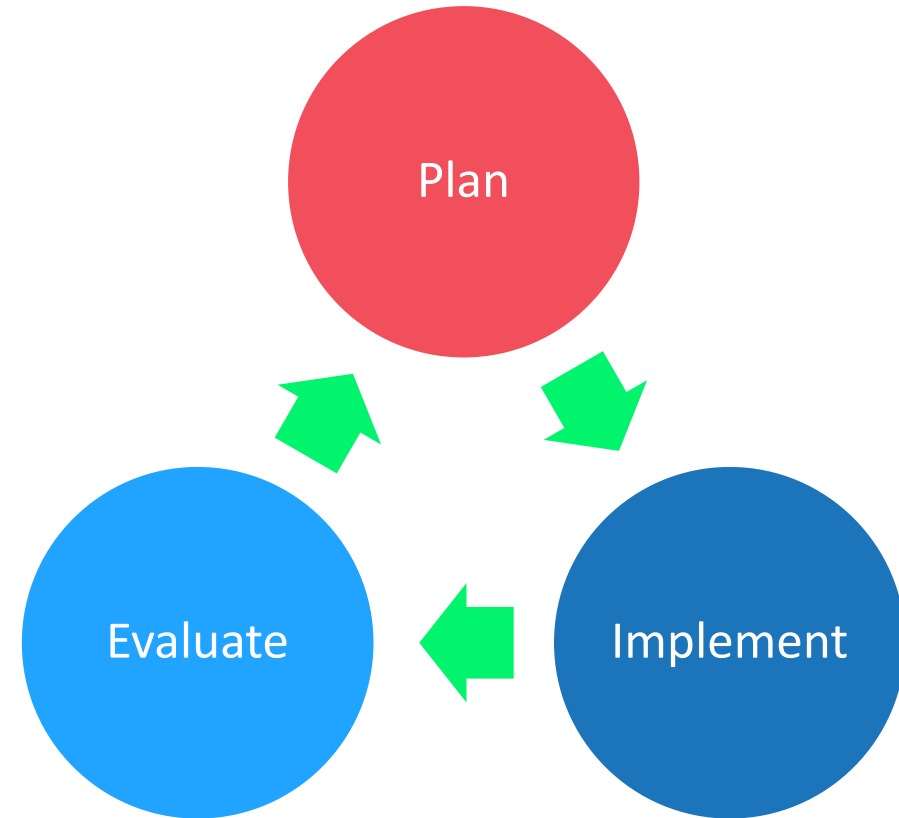
Grants to make communities livable  
for people of all ages

[aarp.org/CommunityChallenge](http://aarp.org/CommunityChallenge)



# Age-Friendly Community Designation

- Step 1: Enter the Network
- Step 2: Planning Phase (Years 1-2)
  - Establish ways to involve older adults
  - Assess the community's age-friendliness
  - Develop a 3-year community-wide action plan
  - Identify indicators to monitor the progress
- Step 3: Implementation & Evaluation (Years 3-5)
- Step 4: Continuous Cycle of Improvements (Years 5+)







# 8 Domains of Livability







# Next Steps

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- ✓ Encourage Palm Beach County and local municipalities to become AARP Age-Friendly Communities.
- ✓ Seek Palm Beach County AARP representative

For more information:

→ Visit: [AARP.org/Livable](https://www.aarp.org/Livable)

→ Contact: [Livable@AARP.org](mailto:Livable@AARP.org)

# Thank you!

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