

Livable Communities For All Ages

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In a Livable Community, people of all ages can...

Go for a walk

Cross the street

Get around without a car

Enjoy public places

Spend time outdoors

Live safely and comfortably

Buy healthy foods

Ride a bike

Go shopping

Work or volunteer

socialize

Access the services they need

We're Aging!

- There are more older adults
- We're living longer
- Fertility rates are down

Projections of Population by Age for the United States: 2010 and 2040 (000)

<u>Age</u>	<u>2010</u>	<u>2040</u>	<u>%</u>
0-64	268,478	297,876	10.9%
65+	40,268	82,345	104.5%
% 65+	13.0%	21.7%	

<https://www.census.gov/prod/cen2010/briefs/c2010br-03.pdf>

Projections of Population by Age for Florida: 2010 and 2040 (000)

<u>Age</u>	<u>2010</u>	<u>2040</u>	<u>%</u>
0-64	15,543	19,546	25.8%
65+	3,260	6,706	105.7%
% 65+	17.3%	25.5%	

Bureau of Economic and Business Research
University of Florida, June 2016

Projections of Population by Age for Palm Beach County: 2010 and 2040

Age	2010	2040	%
<65	1,034,979	1,230,690	18.9
65+	285,155	507,426	77.9
	21.6%	29.2%	

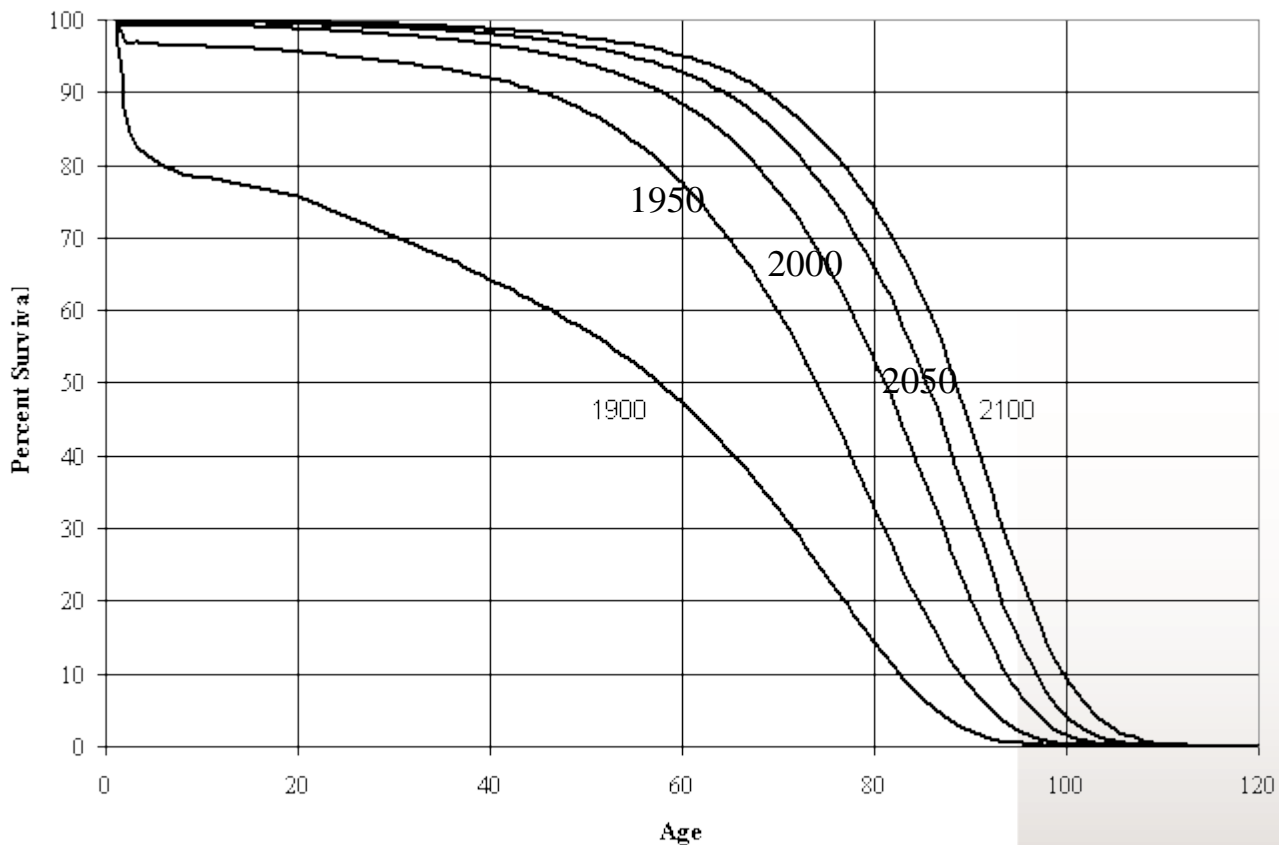
Bureau of Economic and Business Research
University of Florida, December 2016

Projections of Population by Age for Palm Beach County: 2010 and 2040

<u>Age</u>	<u>2010</u>	<u>2040</u>	<u>%</u>
65+	285,155	507,426	77.9
65-74	130,427	196,142	50.3
75-84	105,523	206,989	96.2
85+	49,205	104,295	112.0

Bureau of Economic and Business Research
University of Florida, December 2016

Survival Function



https://www.ssa.gov/OACT/NOTES/as120/LifeTables_Body.html

COMPLETED FERTILITY FOR WOMEN 40 - 44 YEARS OLD

Year	% Childless	Avg. # of Children	% Higher Order Births*
1976	10.2	3.1	59
2014	15.3	1.9	28

*Three or more Children

Livability

- Housing
- Transportation
- Engagement

Housing

90% want to stay put – we want to
Age In Place

Suitability – is your home your friend or enemy?

Design

Location*

Size*

Affordability*

Can I afford to move there?*

Can I afford to stay there?*

Gentrification*

*Applicable to all ages (especially Millennials)

Transportation

- **We will outlive our ability to drive by 8 years**
- Need for public transportation*
- Safety – Complete Streets*
- Uber, Lyft, autonomous vehicles*
- Lack of transportation leads to isolation

*Applicable to all ages (especially Millennials)

Engagement

Serious health risks of prolonged loneliness/isolation

- Research has equated chronic isolation with smoking 15 cigarettes a day.
- More serious health risk than obesity

- Leads to
 - depression
 - poor nutrition
 - high blood pressure
 - cognitive decline
 - onset of disabilities
 - higher use of medications
 - early entry into ALFs, nursing homes

<http://www.campaigntoendloneliness.org/threat-to-health/>

Engagement

Antidotes

Social inclusion

Volunteering

Civic engagement

Continuing education

Communication/information

Intergenerational opportunities



1. Outdoor Spaces
and Buildings

2. Transportation

3. Housing

4. Social
Participation

The **AARP** Network of Age-Friendly Communities

and work within

The 8 Domains of Livability

help communities become great for people of all ages

5. Respect and
Social Inclusion

6. Civic Participation
and Employment

7. Communication
and Information

8. Community
and Health Services

AARP/WHO Network of Age-Friendly Communities

Phase I: (Planning (Years 1-2))

- Establish partnerships, including older adults (and MPOs!)
- Conduct baseline assessment
- Develop 3 year action plan based on assessment findings

Phase II Implementation (Years 3-5)

- Implement the action plan
- Submit progress report after five years

Phase III Continual Improvements (Beyond year 5 - optional)

- Make continual improvements
- Membership automatically renewed after positive assessment and submission of revised action plan.

...rapidly growing commitment

		2/1/17	6/26/17
World	communities	309	500
	countries	33	37
	people	123 M	155 M
US	communities	137	173
	people	60 M	65 M
Florida	communities	13	16

World Health Organization's Age-Friendly Network

16 cities in Florida

- Sarasota County (2/15)
- Tallahassee (6/15)
- Winter Haven (10/15)
- **Cutler Bay (3/16)**
- **Hallandale Beach (5/16)**
- St Petersburg (6/16)
- **Pinecrest (7/16)**
- **Miami-Dade County (11/16)**
- **Hollywood (12/16)**
- **Ft Lauderdale (12/16)**
- Lakeland (12/16)
- Longwood (12/16)
- Satellite Beach (12/16)
- Pinellas County (1/17)
- **Pembroke Pines (3/17)**
- **Palmetto Bay (3/17)**

***What's good for an 80 year old is good for
an 8 year old (and everyone in between!)***

AARP Livability Index

www.aarp.org/livabilityindex

